

SUPPORTED LIVING



Our supported living services provide innovative and person-centred support enabling people with autism, learning disabilities, mental health illnesses and challenging behaviours to live as independently as possible within our safe and secure homes based in the local community.

We provide more than just a place to live. We support people to live life to the full, whether that's security and peace of mind or the confidence to lead an active lifestyle

Our programme provides support for people with:

- Learning difficulties
- Severe physical disabilities
- Autistic spectrum conditions
- Complex needs
- Mental health problems
- A history of drug or alcohol dependency

HOW WE SUPPORT

Through quality support and housing, we equip people with the confidence, self-esteem and life skills they need to live independently, whether that's for the first time or following a significant change in their lives. Becoming part of the community is central to our programme, job seeking or playing a part in local voluntary activities are some of the things that we promote and encourage.

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Get in touch with our friendly team today

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**SUPPORTED
LIVING SERVICES**
ACHIEVING DREAMS. TRANSFORMING LIVES



HOMELESSNESS

We support adults who have experienced or are at risk of homelessness, and who may also need to overcome a dependence on addictive substances.

We do this in a number of ways with:

- Supported Housing
- Preventative Outreach Work
- Resettlement Support
- Floating Support Services

DISABILITY

Our flexible and varied range of services providing disability support include: supported housing, supported housing with care, respite care and nursing or residential homes.

Support time can vary from a few hours a week, up to full-time support or intensive support over a short period of time to help achieve a goal.

We provide expert tailored support and care for people aged 18 or over with mild, moderate or severe disabilities, including: Autism, Sensory disabilities, Physical disabilities, Acquired brain injury, Associated mental health needs, Behavioural challenges.

POSITIVE FUTURES

We support people aged 18 years and above, by encouraging them to focus on their strengths and build positive support networks to achieve their aspirations.

Our services for include supported housing services which provide a safe place for people to live, learn and make the transition to independent living.

We also offer move-on services to help residents find and maintain their own independent accommodation.

All support is tailored to each person's individual needs, through a structured care and support plan and this allows each person to take control of their lives and work towards achieving their personal goals.

Focus on support is mainly on the following areas, accommodation, work and learning, people and support, health, how people feel, choices and behavior, money and rent and practical life skills.



DOMESTIC ABUSE

Domestic abuse can happen to anyone. It is defined as any incident or pattern of controlling, coercive, threatening, physical violence, threatening behaviour or abusive behaviour between intimate partners or family members, regardless of gender or sexuality.

We have a project underway for domestic abuse services in Berkshire, where we provide support, advice and protection from domestic abuse to empower victims to live safely and free from fear or harm.

MENTAL HEALTH

Our main focus with this client group is on prevention and recovery care and Support.

Our range of mental health support services includes: supported housing, supported housing with care, respite care, community support.

